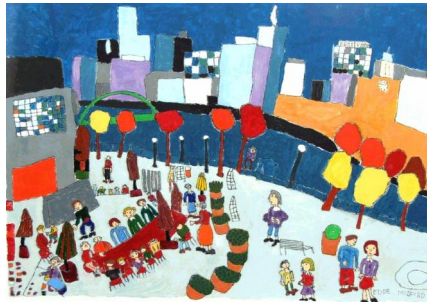




28.07.2010

Victorian Advocacy League for Individuals with a Disability



VALID

Advocacy support for people with intellectual disability and their families.

VALID

1

VALID Advocacy



VALID is an independent advocacy group for adults with intellectual disabilities and their families.

VALID is funded by the State Government and managed by an independent Committee made up of people with disability, family members and concerned citizens.

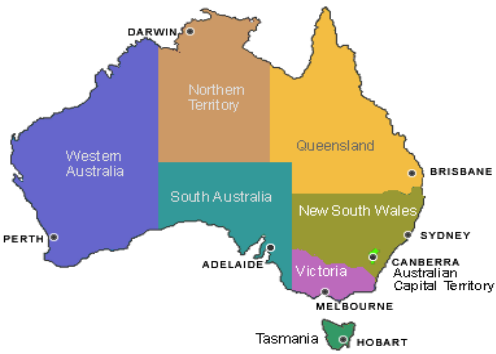
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28.07.2010

VALID Advocacy




VALID is the Victorian member of Australia's National Council on Intellectual Disability (NCID).



VALID

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VALID Advocacy



Some of you might remember coming to Melbourne for the 13th World Congress of Inclusion International.

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28.07.2010

VALID Advocacy

VALID aims to empower people with intellectual disability to:

- Be recognised and valued as equal citizens
- Speak up to – and work with - service agencies, governments and other authorities.
- Control the decisions and choices that affect their lives.



VALID

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VALID Individual Advocacy

Standing Behind

VALID provides advice and guidance to support people with intellectual disability to assert their rights and achieve their goals.



Standing Beside

VALID works alongside people with intellectual disability to assist them in raising and addressing their issues effectively.



Standing Before

VALID provides representation to defend and promote the rights and interests of people with intellectual disability.



VALID

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28.07.2010

VALID SELF ADVOCACY

VALID supports people with intellectual disability to become strong self advocates.

Six Powers of Strong SELF ADVOCACY

SELF EXPRESSION
I express my feelings & assert my opinions.



SELF DETERMINATION
I make decisions for myself & make plans for my own life.



SELF CONFIDENCE
I take responsibility for asserting my rights & the rights of others.



SELF RELIANCE
I do things for myself whenever I can.



SELF DEVELOPMENT
I have goals & dreams & I'm going to achieve them.



SELF ESTEEM
I feel good about myself & believe I can make a difference.



Based on the Training Program Building Strong Self Advocacy published by VALID (83) 9416 4003

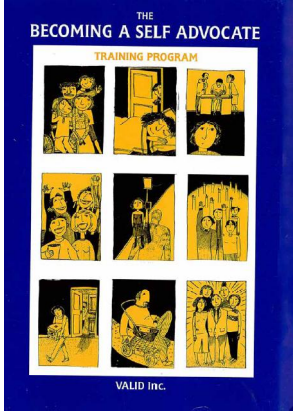
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VALID SELF ADVOCACY

Becoming a Self Advocate 1997

The Becoming A Self Advocate Training Program is a curriculum resource for staff assisting people with intellectual disability to develop Self Advocacy skills.

It is aimed directly at staff working with people with intellectual disability.



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28.07.2010

Self Advocacy Skill Development

<i>My Choice</i>	<i>My Service</i>	<i>My Life</i>
<p>Development of personal skills:</p> <ul style="list-style-type: none"> • Choice making • Stating your preferences (likes & dislikes) • Understanding rights & responsibilities • Assertiveness skills • Complex choices (decisions) • Speaking up in your 'plan' meetings 	<p>Development of skills in:</p> <ul style="list-style-type: none"> • Meeting processes • Representing others <p>Effective participation in:</p> <ul style="list-style-type: none"> • Client meetings • Client Councils/Committees • Representing others to Management 	<p>Development of further skills such as:</p> <ul style="list-style-type: none"> • Chairing meetings • Presentations • Representing systemic issues <p>Participation in:</p> <ul style="list-style-type: none"> • Local consumer activities, eg. LGA, Independent Self-advocacy groups • Regional groups & consultations, eg. VALID Client Networks • Government committees etc. • Community (outside of 'disability')

VALID

Client Committee REPRESENTING the clients of our service

Be part of making decisions in our service

Represent the views and needs of all clients in decision-making processes within the service.

To form part of the process for information to flow to clients from management.

Be part of providing information to Clients

Provide feedback to management about the issues, opinions and needs of clients.

Talk to management about what client's want

Be part of the planning of specific events and activities.

Be part of planning specific events & activities



28.07.2010

VALID Self Advocacy Workers

Support people with a disability to:

- Learn self-advocacy skills
- Make decisions
- Speak up to government
- Become leaders
- Live independent lives

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VALID Having a Say conference

VALID runs the Having A Say Conference for self advocates.

Held every year since 2000.

Over 1,100 delegates this year.

One of my roles at the conference is to support self advocates to speak up in front of a big audience.

For many this is the first chance to speak up and be listened to.



VALID

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28.07.2010

I'm a shy person

I'm blind in one eye

I am a slow learner

I have been dominated

I get anxious about things

I have a mild intellectual disability

I was treated badly when I was young

I have been intimidated, teased and bullied

I wasn't given opportunities to learn new things

People have said she can't do that she's got a disability

VALiD

This is how I felt!!!!



VALiD

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28.07.2010

XIV Congreso Mundial de
Inclusión Internacional
7 al 10 de noviembre, 2006
Acapulco, México

Inclusión para todos

VALID

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Robert Martin

VALID

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28.07.2010

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VALID

I am a woman

I am a wife

I am a hard worker

I am a valued person

I care about people

People ask me about issues

I have good ideas

I have done things that I never thought I could

I am Proud

VALID

I am a Leader



28.07.2010

VALID's web address is:

www.valid.org.au

You will find many free resources to support the development of strong self advocacy groups.

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